

# TB MED 530 -- Summary of Changes --

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#### Purpose

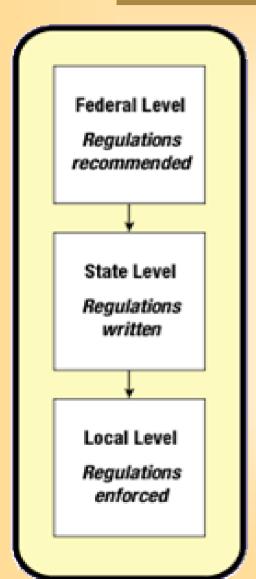
- Provide orientation to new TB MED 530 format.
- Highlight changes to existing standards.
- Identify new requirements.

#### **AGENDA**

- Food Safety Regulatory Authority
- Program Emphasis & Document Organization
- · Management Requirements:
  - → Person in Charge
  - → Training
- Food Safety & Sanitation Standards
  - → Garrison
  - → Field



#### Regulatory Authority



- ◆ Federal: Office of the Surgeon General functions as federal agency.
- ◆ State: Army MACOMs (Surgeon); other similar agencies include DoD, DLA, Indian Tribes, U.S. territories, & Commonwealth of Puerto Rico.
- ◆ Local: Installations (PM & VET Svc) function as a local health department.



## Change to Program Emphasis

#### **Current TB MED 530**

- Primary emphasis on facility & equipment cleanliness.
- Secondary emphasis on food protection.

#### New TB MED 530

Emphasis on controlling conditions associated with foodborne disease outbreaks:

- > Food contamination
- → Growth of harmful organisms in food



#### TB MED - Organization

Language & standards parallel FDA Model Food Code.

◆ Divided into: Examples of numerical indicators

Chapters 4

Sections IV

Paragraphs 4-18; 4-18b(1)

- Chapters organized by subject areas; Requirements presented by principle
  - → Example: Chp. 4 Equipment & Utensils; Equipment requirements presented under Materials, Design, and Construction
  - → Reduces redundancy



#### Organization (continued)

- Internal cross referencing used to reduce need for restating requirements.
- ◆ *Italicized* text
  - → not requirements
  - → provide relative information about specific exemptions and alternative methods for compliance
- Abbreviations and capitalized words (e.g., GRAS, FOOD, PERSON-IN-CHARGE)
  - → defined in the glossary
  - → have specific meanings and provisions



#### Organization (continued)

#### **Categories of Violation:**

- ◆ Critical identified with a bold asterisk \*
  - → All requirements in a paragraph are critical if paragraph title is followed by an \*.
- ◆ Pivotal identified with a superscript P
  - → Violation may or may not be critical; depends on circumstances.
- ◆ Non-Critical identified with a superscript Non-Critical identified with Non-Critic
  - → Includes all provisions following an unmarked paragraph.



## Chp. 1 - Overview

- Brief history of changes in food service and practices.
- Guidance for using/reading the TB MED.
- Installation Food Advisor (Food Program Manager) responsibilities defined:
  - > Training criteria in Food Service contracts
  - → Assist COR in coordinating with IMA for sanitation requirements & evaluation
  - → Distribution & dissemination of inspection reports
  - → Provides guidance & oversees training for military KPs and their supervisors



## Chp. 2 – Management & Personnel

- Designated, trained and certified, person-incharge present during food operations.
- Demonstration of knowledge:
  - → Foodborne disease prevention
  - → Application of HACCP principles
- Responsibilities:
  - → Supervise worker health; ration/subsistence inspection; food prep & service
  - → Reporting illnesses to health authority; excluding or restricting infectious workers.
  - ♦ Worker is obligated to report potential disease exposure (family or OCONUS travel) & symptoms defined in TB MED 530.



- Hand Sanitizers
  - → Listed as safe & approved as food additive
  - → Used only after proper hand washing
  - → When used, don't touch food or food contact surfaces until sanitizer dries
- Criteria for unlisted hand sanitizers
  - → Limited to situations that do not involve direct bare-hand contact with food, food-contact surfaces, or utensils.
  - → Thorough hand rinsing in clean water or disposable glove required after application.

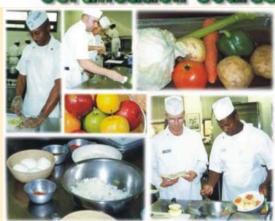


- Fingernail Maintenance:
  - → Length no longer than fleshy portion of fingertip.
  - → Artificial nails, nail jewelry/adornments and coverings (polish) PROHIBITED.



#### **Training**

- Food Safety and Protection
  Certification Course
- Person-in-charge
  - → Certification every 4 years
  - → Demonstate knowledge (foodborne illness & HACCP)
  - → Adjunct Instructor Course (5 days)
  - → 16-hour FSPCC thru Adjunct Instructors
  - → http://www.quartermaster.army.mil/dl/fspcc/
- Other food service workers
  - → 8 hours initial w/in 30 days
  - → 4 hours annual refresher
- KPs & Detailed military KP supervisors





## Chp. 3 - Food

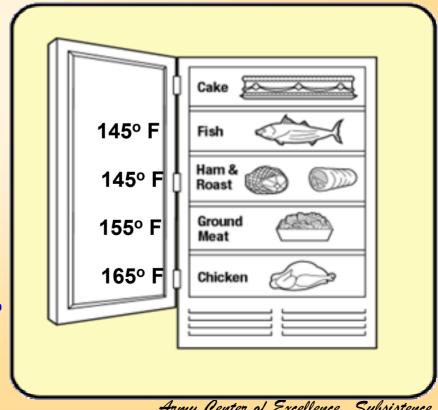
- Highly Susceptible Population: Military personnel in deployments and/or extended training exercises
  - → Increased stress, fatigue, & living conditions affects immune system
  - → Outbreak foodborne illness = possible mission failure
  - → Classifying as Highly Susceptible allows safer rations.
- ◆ Restrictions:
  - → No undercooked PHFs
  - → No raw seed sprouts
  - → Pasteurized eggs must be used



- Approved Sources
  - → Absolute prohibition home canned foods
  - → Exception "approved source" (except home canned) for social events, church suppers, unit bake sales, etc. (food must be identified.)
  - → Recreationally caught fish unit type functions, but must be from approved waters and inspected by IMA or Vets.



- ◆ Refrigerated PHFs reduced to 40° F
- No bare-hand contact with Ready-to-Eat foods
- Segregation during storage
- Pasteurized egg use
- Wash & Sanitize Fruits and Vegetables
  - → 100-ppm total chlorine
  - → Remove core on leafy items
  - → Exceptions for RTE salads & whole fruit to be peeled or washed by individual





#### Changes to Cooking Standard (Garrison)

Product	Temp & Time
Ready-to-Eat commercially processed foods; Fruits & Vegetables cooked for hot holding	140° F
Whole beef & corned beef roasts	145° F for 3 minutes
Made to order eggs; Fish; Seafood; Beef; Veal; Lamb; Commercial game animal	145° F for 15 sec
Pork; Ground meats & fish; Injected Meats; Bulk prep eggs	155° F for 15 sec
Leftovers; Poultry; Dressings & All Stuffed Foods; <b>Microwaved Foods</b>	165° F for 15 sec



- Slacking Food in refrigeration that maintains food temp at 40° F or below.
- ◆ Thawing when water method is used:
  - → Completely submersed in running water
- ◆ Cooling New 2-Stage Method
  - → Cool food from 140°F to 70°F within two (2) hours
  - → Then to 40°F or lower in an additional four (4) hours.
  - → Documentation for each item cooled is Required (DA Form 7460 noted in DA Pam 30-22)



- Time as Public Health Control
  - → Max 4 hours out of temperature control
  - → Label, use by \_\_\_\_ (time 4 hours after removal from temperature control)
  - → Food in unmarked containers or held > 4 hrs must be discarded as food waste.
  - → Requires written procedure (SOP) at the facility

#### **Ideal use:**

- When holding units cannot keep foods at 140° F or above.
- Field feeding using IFCs.



- Variance Authorization
  - → Seek approval from regulatory authority. Must have a HACCP plan that documents new procedure is safe.
  - → Inform customer of increased risk (on menu or place card)



#### Chp. 4 – Equipment & Utensils

- Sponges
  - → May be used for cleaning walls & floors
  - → Must be stored in sanitizing solution between uses
- Ice Machines & Dispensers
  - → Emptied, drained, cleaned, & sanitized every 30 days
- Guidance for use of 2-Compartment sink (when approved by IMA)



## Chp. 4 – Equipment & Utensils

- Manual Sanitizing Standard
  - → Hot water = 171° F
  - → Chlorine = 100-ppm for 15 seconds (water at 75° F; pH 6-10)
  - → Test strips required
  - → Chlorine concentration above 200-ppm requires second clear water rinse.
- Mechanical Sanitizing Standard
  - → Required checks: wash, rinse, & final rinse temp. and conveyor speed.
  - → Minimum surface temp of dishes for hot water sanitizing = 160° F



## Chp. 5 - Sanitary Facilities & Controls

- "Potable water" replaced by "drinking water"
- Plumbing code. Follow state or local jurisdiction
- Grease Traps- install outside building
  - → Applies to new construction
  - → Only exception: distance or cold cause grease to congeal in pipe



- Integrated Pest Management (IPM) (Detailed guidance provided)
  - → Structural design
  - → Stock handling practices
  - → Premises pest exclusion
  - → Non-chemical control methods
  - → Chemical control methods

#### 3 Basic rules of an IPM program

- ✓ Deny pests access to the facility
- ✓ Deny pests food, water, hiding/nesting place
- ✓ Work with PM & PCO to control and eliminate pests



#### Chps. 6 thru 8

- Chp. 6 Construction & Maintenance of Food Establishments
- Chp. 7 Mobile Food Establishments
- Chp. 8 Temporary Food Service Establishments
  - → Fixed location; duration < 14 days</p>
  - → Does NOT apply to Field food service operations



#### Chp. 9 - Field Food Service

Military in deployments & extended field training exercises are considered a Highly Susceptible Population.

- ◆ All foods cooked to 165° F
- Thawing & Refrigerated Storage
  - → 40° F or below
  - → Thaw at ration breakpoint recommended
- Time as public health control.
  - → 4 hrs to consume food after last valid temperature check
  - → IFC label must have food name, # of servings, & date/time it must be consumed by



- ♦ NO Leftovers in field food service
- ♦ NO Shell eggs (only pasteurized eggs used)
- Wash & Sanitize all Fresh Fruits & Vegetables
  - → Before being cut, combined, cooked, or offered for service
  - → 100-ppm total chlorine (5-ppm free available)
  - → Exceptions: commercially processed/packaged veges in RTE form



- NO camouflage paints on hands, exposed arms, or face of food operations personnel preparing, serving food, or sanitizing food contact surfaces.
- Exceptions:
  - → detail KPs, only serving food (using clean sanitized utensils)
  - → KPs performing basic cleanup (not cleaning & sanitizing food contact surfaces.), must wear disposable plastic gloves over camouflage paint.



#### Chps. 10 & 11

- Chp. 10 Vending Machine Operations
- ◆ Chp. 11 Poisonous or Toxic Materials
  - → HAZCOM program (chemical inventory; MSDSs; training)
  - → Post emergency phone numbers & first-aid procedures for choking (available through American Red Cross or National Restaurant Association)



# Chp. 12 – Admin Procedures, Compliance & Enforcement

- Person-in-charge required to conduct selfinspections
  - → Daily (undocumented): Weekly (documented)
  - → Suggest RC document once each drill weekend or once quarterly; establish unit SOP.
  - → Check time/temp controls; personal hygiene; food handling practices
  - ◆ DA Pam 30-22 (DA Forms 7458, 7459, 7460)
- Procedures for obtaining a Variance



- Guidance & procedures when a HACCP plan is required
  - → Patient Nutrition Care Hospitals
  - → Variance to cooking temperatures
  - → Variance to other specific requirements.
- Change to Inspection Emphasis on food safety (correcting and controlling causes of foodborne illness)
  - → Temperature control
  - → Personal hygiene
  - → Cross contamination



- ◆ Imminent Health Hazards Cease operations and notify IMA or designated representative if:
  - → Fire
  - → Flooding
  - → Interruption of water or electric power > 2 hrs.
  - → Sewage backup
  - → Misuse of poisonous or toxic materials
  - → Apparent outbreak of foodborne illness
  - → Other situations that may endanger public health



#### ? PUBLICATION?

- When?
- Download from
  - → http://chppm-www.apgea.army.mil/armydocs.asp?pub\_type=TBM CHPPM POC: Cindy Givans, DSN 584-3254; COM 410-436-xxxx
  - → http://www.quartermaster.lee.army.mil/aces/



#### Summary

- ◆ Purpose
- Regulatory Authority
- Change to Program Emphasis
- ◆ TB MED Organization
- Highlighted Changes & Additions (noted in Chapters)
  - → Garrison and Field Food Service